

GRADE 2 THEORY

Candidates must know the meaning of **all** the French terms, how these terms relate to the movements of each position or step and be able to demonstrate the appropriate movements. Previous syllabi must also be known.

1) Explain the meaning of and demonstrate the movements that exemplify the following terms:

Plier	To bend
Sauter	To jump or spring
Relever	To rise
Retirer	To withdraw
Frapper	To strike
En avant	Forwards
À la seconde	To the second position
En arrière	Backwards
Pointe tendu	Fully stretch and extend the working leg and foot with the toe to the ground
Rond de jambe à terre	A circling of the leg (which helps increase turn out from the hip)

2) Describe the placing of the heel in pointe tendu en avant or en arrière

Response : The working heel must be in the centre, opposite the supporting heel

GRADE 2

À LA BARRE

1. Demi-plié, relevé and grand plié

4/4

Facing barre. Feet 1st

Bar 1-2 1 demi-plié

Bars 3-4 Relevé and lower

Bars 5-8 Grand plié, stretch, place to next position

Performed in 1st, 2nd and 3rd devant and derrière, followed by port de bras with side bends

2. Battement tendu

2/4

Sideways to barre. Feet 3rd. Prepare arm to 2nd (remains throughout) and tendu en avant

Bars 1-8 1 set of battement tendu en croix (accent in)

Bars 9-16 3 battement tendu à la seconde closing to 1st followed by one closing to 3rd derrière

Reverse all commencing en arrière

3. Rond de jambe à terre

3/4

Sideways to barre. Feet 1st. Prepare arm to 2nd

Bars 1-16 4 rond de jambe à terre en dehors in 4 counts with arm in 2nd

Bars 17-32 4 rond de jambe à terre en dedans in 4 counts with arm in 2nd

Port de bras de finis.

4. Retiré devant, derrière et passé

2/4

Sideways to barre. Feet 3rd. Prepare arm to 1st

Bars 1-4 2 retiré devant closing devant

Bars 5-8 2 retiré derrière using the back leg and closing derrière

Bars 9-16 4 retiré passé (close alternately derrière and devant)

Arm in 1st devant and derrière, 2nd for passé

5. Battement frappé à terre et en l'air

2/4

Sideways to barre. Feet 3rd. Prepare arm to 2nd and foot to cou de pied

Bars 1-16 Battement frappé à la seconde, 8 à terre and 8 en l'air

Balance with foot cou de pied, arms bras bas

6. Grand battement en croix in 4 counts

4/4

Sideways to barre. Feet 3rd. Prepare arm to 5th

Bar 1 2 battement tendu en avant

Bar 2 1 divided grand battement en avant

Bars 3-8 Repeat all en croix.

Arm 5th en avant, 2nd for a la seconde and to arabesque for en arrière

7. Preparation for 1st arabesque en l'air

4/4

Sideways to barre. Feet 3rd

- Bars 1-2 Temps lié into 1st arabesque en l'air
Bar 3 Lower leg, closing 3rd derrière
Bar 4 Demi-detourné to face other side turning via the barre
Bars 5-8 Repeat

8. Assemblé sauté dessus et dessous (over and under)

3/4

Facing barre. Feet 3rd R foot front

- Bar 1 Demi plié
Bar 2 Tendu L foot à la seconde à terre en fondu
Bar 3 Jump closing front 3rd position
Bar 4 Stretch legs
Bars 5-8 Repeat other leg
Bars 9-16 Repeat using front foot

9. Pas de bourrée piqué dessous et dessus (under and over)

3/8

Facing barre. Feet 3rd R foot front

- Bars 1-32 8 pas de bourrée piqué, dessous (under) in 4 counts
Pause music before repeating in reverse.

AU MILIEU

1. Battement tendu and assemblé

4/4

Commence feet 3rd R foot front and tendu à la seconde using L foot.

- Bars 1-4 Close in front and execute a further 3 battement tendu à la seconde on alternate legs closing from the final tendu in demi-plié, arms bras bas
Bars 5-8 4 assemblé over
On final beat of bar 8 tendu front foot à la seconde simultaneously stretching supporting leg
Bars 9-16 Reverse all commencing with front foot

Rhythmical Appreciation

2. Minuet

3/4

Can be performed individually or with partners.

Candidates to count aloud in time with pulse of music for 1st 8 bars whilst executing steps

3 small steps forward, pointe tendue (supporting leg en fondu)

Straighten and withdraw extended leg to cou de pied devant

Repeat x 2 alternate sides

Step and curtsy or bow

Repeat

3. Polka steps, turning en diagonale

2/4

To be performed individually on the first side then repeated on the other side

Candidates to count aloud in time with pulse of music whilst executing steps

Commence in corner 6 and travel to corner 2.

At least 4 polka steps en diagonale with $\frac{1}{2}$ turn on each and run to opposite corner to repeat

ADAGE

1. Attitude à terre derrière croisé et effacé

4/4

Commence facing point 8. Feet 3rd croisé

Bars 1-4 Temps lié croisé en avant and place to attitude à terre derrière en croisé

Bars 5-8 Temps lié through 1st to attitude en effacé

Bars 9-12 Temps lié through 1st to attitude en croisé

Bars 13-16 Pas de bourée under, 1st port de bras

2. Set Adage

3/4

Commence facing point 8. Feet 1st position

Bars 1-4 2 demi-pliés in 1st

Bars 5-8 1st port de bras and return to bras bas

Bars 9-12 Temps lié into 1st arabesque en l'air

Bars 13-14 Fondu retaining arabesque line, pas de bourée under (placing raised foot swiftly to 5th en demi-pointe from arabesque en fondu)

Bars 15-16 Tendu L foot à la seconde en face with arms 'breathing' to demi-seconde and close in 1st to face point 2

Bars 17-32 Repeat all on other side

ALLEGRO

1. Jeté, coupé, temps levé and petit jeté

3/4

Commence en face. Feet 3rd R foot front

Bars 1-2 2 jetés à la seconde derrière

Bars 3-4 Coupé dessous (under) et temps levé

Bars 5-7 3 petits jeté devant

Bar 8 Hold placement

Bars 9-16 Repeat in reverse

2. Glissade and soubresaut

3/4

Commence en face. Feet 3rd R foot front

Bars 1-3 3 glissade devant (each one held)

Bar 4 Soubresaut en avant

Bars 5-6 2 glissade derrière (each one held)

Bar 7 Soubresaut en arrière (held)

Bar 8 Changement de pied

Arms 3rd for glissade devant and to bras bas for soubresaut en avant

Breathe to demi seconde and close on glissade derrière, bras bas for soubresaut en arrière and changement

3. Echappé and pas de bourrée

Commence en face, 3rd position R foot front

Bar 1 beat 1 Echappé à la seconde

beat 2 Hold demi plié 2nd

Bar 2 beat 1 Jump and place R foot cou de pied derrière

beat 2 Hold cou de pied position

Bar 3 beat 1 Step R behind to commence pas de bourrée,

beat 2 Step L to side

Bar 4 beat 1 close R behind in demi plié

beat 2 Hold demi plié

4. Chassé effacé

3/4

Commence standing in corner 6 facing corner 2. Feet 3rd R foot front. Travelling to corner 2 6 chassé en effacé en diagonale finishing with chassé into attitude à terre derrière en effacé

Arms 3rd opposition for chassé and lifting to 4th for final attitude

Performed individually

5. Unseen enchaînement

Candidates will be required to perform an enchaînement as directed by the Examiner including steps selected from previous grades and the following:

soubresaut	changement	échappé sauté
petit jeté	jeté	assemblé (relevé et sauté)
glissade devant et derrière		échappé fermé sur le cou de pied
pas de bourrée (over, under, devant et derrière)		coupé

MIME

Natural, with or without music, set by teacher

DANCE

Classical or Demi-caractère using classical technique. Maximum 1½ mins

2nd PORT DE BRAS AND RÉVÉRENCE

3/4

Commence standing in 3rd position croisé facing point 8. Arms bras bas

Bars 1–4 Deuxième port de bras

Bars 5–6 Repeat bars 1–2

Bar 7 Open arms to 2nd simultaneously taking tendu à la seconde with L leg

Bar 8 Close devant to face point 2

Bars 9 – 16 Repeat all on other side.

Followed by révérence for the teacher / examiner and an appreciative acknowledgement for the pianist / musical accompaniment